

Lift Up Your Voice: The Importance of Making Your Health Care Choices Known

At Hudson Valley Hospice, we believe end-of-life care decisions should be available to all regardless of ethnicity, race, or religion, and invite you to join us for a community discussion.

Join us on Thursday, April 10th at 2:00PM for a conversation about the importance of making your health care choices known.

- **Think** about who you would want to speak for you if you can't do so for yourself.
- **Talk** about your wishes at the end of life.
- **Write** down who you've selected and your wishes.
- **Share** the written documents with loved ones and medical providers.



Who Will Speak For You If You Are Unable?

Thursday, April 10 @ 2:00PM

Boardman Road Branch Library
141 Boardman Road
Poughkeepsie, NY 12603

**PP POUGHKEEPSIE PUBLIC
LD LIBRARY DISTRICT**

Registration Required

Please register at poklib.org or call **845-485-3445**.
Questions? Please contact Beth Vredenburg at
bvredenburg@poklib.org or **845-485-3445 x 3410**.

www.hvhospice.org

Walk-ins are also welcome!



**Guest Speaker
Lisa Wilson
Hudson Valley Hospice**

Lisa Wilson is a local leader in Advance Care Planning Education & Outreach and serves as an activist in the field of healthcare. She is the Executive Director of the Hudson Valley Hospice Foundation and Vice President of Marketing for Hudson Valley Hospice.

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